

Individual Advancement 'Red Card'



NAME OF ROVER

DATE OF INVESTITURE

Personal Bar		DATE COMPLETED	DATE AWARDED
1a	Know the principles of writing a CV		DATE COMPLETED
1b	Researched how to compile a CV (2 references)		DATE COMPLETED
1c	Compiled own CV		DATE COMPLETED
1d	Wrote own cover letter		DATE COMPLETED
2a	Discussed personal plans for the future with RS		DATE COMPLETED
2b	Defined and wrote down realistic personal goals		DATE COMPLETED
2c	Reviewed goals over a 6 month period		DATE COMPLETED
3a	Compiled and discussed a theoretical household budget for yourself		DATE COMPLETED
3b	Understand how to apply for a loan		DATE COMPLETED
3c	Understand how to open a bank account		DATE COMPLETED
3d	Understand how to make deposits into a bank account		DATE COMPLETED
3e	Understand investment procedures		DATE COMPLETED
3f	Know how to write a cheque		DATE COMPLETED
3g	Know the difference between saving and investing		DATE COMPLETED
3h	Explained reasoning for choosing current bank		DATE COMPLETED
4a	Attend religious ceremonies of own faith		DATE COMPLETED
4b	Researched some aspect own or other faith		DATE COMPLETED
4c	Related your faith to the Scouting principles		DATE COMPLETED
5	Achieve a new skill (eg. driver's license, computer literacy or artisan skills)		DATE COMPLETED
6	Earn relevant Rover Award (careers, ramblers or sportsman)		DATE COMPLETED

Movement Bar		DATE COMPLETED	DATE AWARDED
1a	Understand the training philosophies of Cubs		DATE COMPLETED
1b	Understand the training philosophies of Scouts		DATE COMPLETED
1c	Understand the training philosophies of Rovers		DATE COMPLETED
2	Earn warrant or spend 6 months helping packs, troops or adult training		DATE COMPLETED
3Ma	Be able to orientate a map		DATE COMPLETED
3Mb	Explain the relationship between True and Magnetic North		DATE COMPLETED
3Mc	Make a working compass with 16 point rose		DATE COMPLETED
3Md	Know simple hike planning principles		DATE COMPLETED
3Me	Know how to estimate hiking speeds		DATE COMPLETED
3Mf	Sketch a map of a 1 hectare area from an elevated position		DATE COMPLETED
3Pa	Demonstrate how to care for, store and hank ropes		DATE COMPLETED
3Pb	Able to do a reef knot and know its uses		DATE COMPLETED
3Pc	Able to do a clove hitch and know its uses		DATE COMPLETED
3Pd	Able to do a sheet bend and know its uses		DATE COMPLETED
3Pe	Able to do a round-turn-and-two-half-hitches and know its uses		DATE COMPLETED
3Pf	Able to do a bowline and know its uses		DATE COMPLETED
3Pg	Able to do a sheepshank and know its uses		DATE COMPLETED
3Ph	Able to do a figure-o-eight and know its uses		DATE COMPLETED
3Pi	Able to do a Fisherman's knot and know its uses		DATE COMPLETED
3Pj	Able to do a simple whipping		DATE COMPLETED
3Pk	Able to do a Sailmaker's whipping		DATE COMPLETED
3Pl	Able to do a West Country whipping		DATE COMPLETED
3Pm	Able to do a square lashing		DATE COMPLETED
3Pn	Able to do a diagonal lashing		DATE COMPLETED
3Po	Able to do a round lashing		DATE COMPLETED
3Pq	Able to do a sheer lashing		DATE COMPLETED
3Pr	Able to do a Prussik knot		DATE COMPLETED
3Ps	Able to do a marlinspike hitch		DATE COMPLETED
3Pt	Able to do a taut-line hitch		DATE COMPLETED

3Pu	Able to do a rolling hitch	DATE COMPLETED
3Ba	Demonstrate the progression of stalking and camouflage	DATE COMPLETED
3Bb	Cook a balanced meal over fire without the use of utensils or foil	DATE COMPLETED
3Bc	Demonstrate the ability to find food in a survival situation	DATE COMPLETED
3Bd	Demonstrate the ability to find and make shelter in a survival situation	DATE COMPLETED
3Be	Demonstrate the ability to make fire in a survival situation	DATE COMPLETED
3Bf	Demonstrate the ability to find drinking water in a survival situation	DATE COMPLETED
3Bg	Demonstrate the ability to find your way out of a survival situation	DATE COMPLETED
3Bh	Be able to identify 5 common venomous snakes in South Africa	DATE COMPLETED
3Fa	Demonstrate what to do upon arrival at the scene of an emergency	DATE COMPLETED
3Fb	Know how to clean and dress a wound	DATE COMPLETED
3Fc	Know the dangers of a dirty wound and blood-borne illnesses	DATE COMPLETED
3Fd	Demonstrate how to maintain and open airway	DATE COMPLETED
3Fe	Demonstrate how to control bleeding	DATE COMPLETED
3Ff	Demonstrate CPR on a model	DATE COMPLETED
3Fg	Know ground-to-air signals	DATE COMPLETED
3Fh	Know whistle and smoke signals	DATE COMPLETED
3Fi	Know signs, symptoms, treatment and prevention of hypothermia	DATE COMPLETED
3Fj	Know signs, symptoms, treatment and prevention of hyperthermia	DATE COMPLETED
3Fk	Know signs, symptoms, treatment and prevention of sunburn/sunstroke	DATE COMPLETED
3Fl	Know signs, symptoms, treatment and prevention of dehydration	DATE COMPLETED
3Fm	Know the signs, symptoms and treatment of shock	DATE COMPLETED
3Fn	Know the signs, symptoms and treatment of sprains	DATE COMPLETED
3Fo	Know the signs, symptoms and treatment of epilepsy	DATE COMPLETED
3Fp	Know the signs, symptoms and treatment of choking	DATE COMPLETED
3Fq	Know the signs, symptoms and treatment of fainting	DATE COMPLETED
3Fr	Know the treatment for burns	DATE COMPLETED
3Fs	Know the treatment for poisoning	DATE COMPLETED
3Ft	Know how to identify and treat a snake bite	DATE COMPLETED
4a	Ran first overnight activity for Cubs or Scouts on District/Provincial level	DATE COMPLETED

4b	Ran second overnight activity for Cubs or Scouts on District/Provincial level	DATE COMPLETED
5	Develop publicity medium for Pack, Troop or Crew	DATE COMPLETED
6	Earn relevant Rover Award (scouter training, scoutcraft or project*)	DATE COMPLETED

Community Service Bar		DATE COMPLETED	DATE AWARDED
1a	Understand 4 services in community from the list of water, electricity, sewage, waste, parks & recreation, transport, health, housing, security, local economic development and roads		DATE COMPLETED
1b	Gave a 20 minute presentation to Crew on findings		DATE COMPLETED
2	Lead group discussion on an issue affecting community		DATE COMPLETED
3	Co-ordinate community service project		DATE COMPLETED
4a	Make contact with a Rover from another District or Province and discuss social issues affecting you both		DATE COMPLETED
4c	Present findings to the Crew		DATE COMPLETED
5	Earn relevant Rover Award (public health, community service or civics)		DATE COMPLETED

Leadership Bar		DATE COMPLETED	DATE AWARDED
1	Understand functions of RS, Chairperson and Crew Council or have attended the Rover Chairman's Course		DATE COMPLETED
2	Be Crew Chairperson or serve on Crew Council of a large crew for a year		DATE COMPLETED
3	As Chairperson or active Crew Council member, crew achieves a Star Award		DATE COMPLETED
4	Planned and organized a 2 night Crew expedition		DATE COMPLETED
5a	Lead a discussion on the status of the Crew		DATE COMPLETED
5b	Prepare and action plan for the Crew		DATE COMPLETED
5c	Present these goals to the Crew Council and GS		DATE COMPLETED
6	Earn an additional Rover Award		DATE COMPLETED

BP Award		DATE COMPLETED	DATE AWARDED
1	Completed all 4 advancement bars		DATE COMPLETED
2	Completed 4 Rover Awards		DATE COMPLETED
3	Earned a Rover Challenge Award		DATE COMPLETED
4	Attended a panel interview with Provincial Commissioner		DATE COMPLETED